CLINICAL STAFF



IMMACULATE HEART OF MARY

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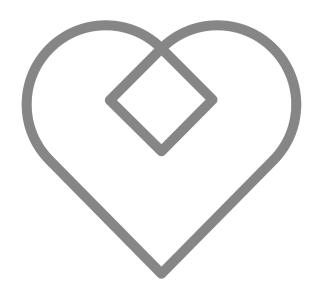
Email: ihmcc@cssisus.org

Website:

www.immaculateheartcounseling.org

Office Hours:

9am-5pm Monday, Tuesday, Wednesday
Noon-8pm Thursday
CLOSED Friday & Holy Days of Obligation



COUNSELING CENTER

PERFORMING THE SPIRITUAL WORKS OF MERCY



ASSISTING INDIVIDUALS AND FAMILIES WITH:

- Boundaries
- Social Media
- Addiction
- Trauma
- Depression
- Anxiety
- Relationship Issues
- Perfectionism
- Parenting
- Stress Management
- Healthy Coping Skills
- Communication Skills •
- Social Skills

- Vocational Discernment
- Personal Growth
- Pornography Addiction
- Forgiveness
- ADHD
- · Autism/Asperger's
- Habit Disorders
- Pediatric Concerns
- Anger
- Grief
- Sexual Addictions



COUNSELING SERVICE

Catholic Social Services (CSS) offers community based mental health services through the Immaculate Heart of Mary Counseling Center (IHMCC). Our staff of Licensed Psychologists and Licensed Mental Health Practitioners strives to meet the needs of our community through a wide range of counseling services, including individual, family/child, marital, group, crisis pregnancy, and post-abortion counseling. IHMCC is also the only Catholic APA-accredited pre-doctoral internship in the nation.



OTHER SERVICES

- Psychological Assessment
- Professional Consultation
- Academic Assessment
- Educational Consultant Program
- Public Speaking
- Training Workshops
- Adoption Search Program
- Project Rachel Counseling

All services are made available through our Lincoln office location as well as several outreach sites and Telehealth services. Most insurance plans accepted.