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- •When you sign up for a card, you can select Catholic Social Services, your school and church to support and a personalized card will be sent to you in the mail.
- Then, load funds to your Propelr Card from either your bank account or direct deposit from your employer.
- Finally, simply use Propelr at participating merchants and a portion of the purchase will go to your organizations.

For more information on participating merchants and to sign-up, visit https://propelr.mycardplace.com today!

The Quarterly Newsletter of Catholic

"There is a terrible
hunger for love.
We all experience
that in our lives —
the pain, the loneliness.
We must have the
courage to recognize it.
The poor you may have
right in your
own family.
Find them.
Love them."
SAINT TERESA
OF CALCUTTA

"The I

here may be many reade who may not know that I director of the Immaculate He Counseling Center. My last was September 2, 2016. We find a new director before Palmer, Ph.D. I am sure that introducing himself soon. For me, though, I wanted to pass on a general reflection I have had over the last month or week, "The last time I'll..." I believe that gratitude and appreciation of others truly facilitates growth in humility, which helps us to maintain good mental health. Each time I have realized that it would be the "last time" I did something for CSS or the IHMCC, there was a moment of grief followed by tion of gratitude. Gratitude first allowing me the opportunity people in the diocese of Line also really appreciated all that the diocese have done to agency's efforts to become d and to be parishbased. It is not



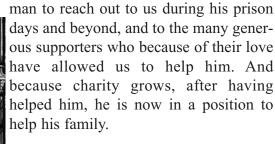
Charity grows



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Since you may have been wondering, his spiritual growth has continued from his days attending Mass and pible studies in prison. He continues to practice his Catholic faith and will be able to encourage his daughers and grandchildren to do the same.

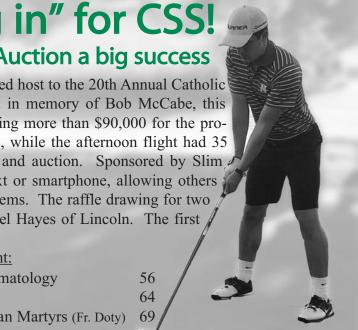
am most grateful for the grace of God who inspired this



Please consider helping us spiritually with your prayers and penances, materially with items around your home or farm, not needed, including vehicles, and with a cash donation, according to your means so we can continue to help the many individuals and families that come

o us in crisis. Please know that we at Catholic Social Services of Southern Nebraska will keep you, your famly and intentions in our prayers!





Reaching out

Answering Pope Francis'

Curt Krueger, Director of Social Service

hroughout the hot months of this past summer, the staff of Catholic Social Services in Lincoln took to heart Pope Francis' exhortation to go out to the fringes. A bike trail and waterway, created as part of the Antelope Valley project, runs right past our offices. After lunch we began going down underneath the bridges on N, O and P Street to hand out water, bedrolls and sometimes sandwiches to the homeless who found shade from the summer heat in the shadow of these bridges.

On any given day 10-20 individuals use bridge for shelter from the elements, largely ignored by the many joggers and bicyclists who use the trail daily. They are Lincoln's invisible population. These individuals bear many crosssubstance abuse, mental illness, alcoholism, physical disabili-Some are from Lincoln, others from small towns in Nebraska, and some from half-way around the world. There is a camaraderie that exists among the folks we visit that must come

St. Teresa Sack Luncl

Though only offered from through Saturday, the Sacl distributed over 10,000 sa Hastings program, which I more in the lunch, distribu es last year. This tells us we ing the demand in Lincoln. meat and bread to help Curt Krueger at (402) 474-1



from surviving day to day. When someone asks for help, it is rare that they ask for themselves; usually they want a blanket for their friend, or someone else's shoes have holes and is there any way we could help replace them. A 60 year old man who wrestled in a small town in Nebraska and loves to talk about the KISS concerts he went to in the '70s, shares his sandwich with a thirtysomething Sudanese man who has lost the tips of his toes and fingers to frostbite.

Our daily visits are really quite simple. We visit for 30-15 minutes learn their names shake their hands and