

Catholic Social Services  
2241 O Street  
Lincoln, NE 68510



(S.A.G.)



## A milestone worth noting

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The process of being accepted into the prestigious NICPP would be very difficult. The Immaculate Heart of Mary Counseling Center would have to meet a very high standard to even be recognized. And, most importantly, our Catholic Faith could not be compromised! So, over the course of the next 5 years, the IHMCC staff worked with individuals such as Father Benedict Groeschel, Father Chad Ripperger, Dr. Patrick Fagan, and NICPP representatives to meet or exceed all of the Consortium standards. Then, in 2003, the Counseling Center was accepted as one of the only sites in the nation to provide a unique training program for psychology true to the Catholic Faith.

Since that time, the Immaculate Heart of Mary Counseling Center, under the direction of Father Kubat, Executive Director (2005-current), and Clinical Directors including, Dr. Eve Rosno, Dr. Aaron Stratman, Dr. Tony Palmer and me have trained interns from California, Illinois, Kansas, Michigan, Nebraska, North Carolina, Ohio, Tennessee, Texas, and Virginia, as well as international interns from Africa, Canada, Great Britain, Slovakia, and South America.

This fall, Dr. Peter Martin, Internship Director of Integrated Training and Formation, and the IHMCC staff will welcome 2 new interns. Alexandra Marcott, from Divine Mercy University in Arlington, VA, and Jeffrey Vance, from University of North Texas in Denton, TX. We are excited to continue training mental health professionals from a Catholic perspective, and thus bring psychology to the service of the Church in southern Nebraska, the United States, and internationally.



# Patron

The Quarterly Newsletter of Catholic Social Services Of Southern Nebraska

## PRAYER TO ST. ANTHONY GENERATOR OF CHARITY

*Dear Saint Anthony,  
God wants us to see Christ,  
our brother, in everyone and  
love Him truly in word and  
in deed. God wills that we  
share with others the  
joy of His boundless love.  
Saint Anthony, Generator  
of Charity, remember me  
in the Father's presence,  
that I may be generous in  
sharing the joy of His love.  
Remember also the  
special intentions  
I now entrust to you.  
Amen.*



## Help is on the way Our St. Teresa of Calcutta Center to begin serving those living on the streets

Summertime and the living is easy; admit it some of you sang that didn't you? Summertime isn't easy if you are living on the streets. The sun's heat reflecting off of the streets and sidewalks can make the middle of the day almost unbearable and at times even dangerous.

At Catholic Social Services we want to make sure that our brothers and sisters on the street are safe during the worst part of the summer's heat. This summer, we are opening the St. Teresa of Calcutta Center to give our homeless friends a place to escape the Nebraska sun. The Center will be attached to our sandwich distribution program and will allow individuals who are receiving a sack lunch to come inside out of the heat and cool off. This will also be an opportunity for the Catholic community to encounter Christ in the poor and homeless by volunteering at the Center during our lunch service hours. We want to cre-

ate a very welcoming and friendly atmosphere in the Center; an atmosphere where we get to know Christ by getting to know the people who come to us for help.

The Center will offer a variety of activities in addition to the lunch service. We will have job placement assistance and some social activities. We also will conduct street outreach downtown so that more of our brothers and sisters will learn about the Center. The object of the Center will not be to "fix" people but to love them. You cannot love God unless you know God. The same is true for the poor. You cannot love Christ in the poor unless you know Christ in the poor. The St. Teresa of Calcutta Center will allow us to encounter Jesus everyday through knowing and loving the poorest in our community.



*-Curt Krueger  
Director of Social Services*

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Summer 2018

**A milestone worth noting**



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# St. Mother Teresa of Calcutta's love

**Fr. Christopher Kubat  
Executive Director  
Catholic Social Services**



Many people of all faiths have heard of Mother Teresa, who was called by God to minister to the poorest of the poor. As many of you know, she was canonized by Pope Francis on September 4, 2016. One of my favorite stories about her is of a homeless man she picked up out of the gutters of Calcutta who was dying. As she cleaned his body while picking the maggots off the rotted flesh of his extremities, he cursed her and instructed her in no uncertain terms to leave him alone. Finally he asked, "Why are you doing this to me?" She replied, "Because my God commands me to do it." "Who is your God?" he retorted. She answered, "You know Him, He is love." At that he requested baptism, after which he died.

Recently, I encountered a man in his forties under the influence, on the street corner in back of our main office. He was pushing a shopping type of cart which I surmised held most if not all of his earthly belongings. After receiving some food and other essentials from us, I started talking to him. Although

difficult to understand, he seemed to want only one thing from me, and that was my prayers. As he broke down crying, he explained that his dad died on his birthday. He was missing his father. As we prayed the Our Father, God the Holy Spirit reminded him through the Son of God that he is a precious adopted son of our Heavenly Father.

I am excited to inform you that we are getting set to increase our outreach to the homeless who live and hang out around our main office. We want to have a place they can gather to eat, obtain a change of clothes while washing their old ones, and to shower. They will also have a place to sit down as they eat their lunches we are providing and, most importantly, pray in a beautiful small chapel. Not only do we want to help them physically but also spiritually as we are body soul composites. We can't think of a better patron saint than St. Mother Teresa of Calcutta. I am



also excited to inform you that a priest from the diocese of Wichita, Fr. Daron May, is coming to Catholic Social Services for a six month sabbatical specifically to work in this apostolate. He is one of my classmates from Mount St. Mary's Seminary in Emmitsburg, Maryland. We are eagerly awaiting his arrival this month!

Please consider helping us spiritually with your prayers and penances, materially with clothes, and financially with a cash donation, according to your means, so we may continue helping the many needy individuals and families who come to us- especially the poorest of the poor. St. Mother Teresa of Calcutta, pray for us!

*Fr. Christopher Kubat*  
Fr. Christopher Kubat





# A milestone worth noting

## *IHMCC's doctoral-level internship program marks 15 years of integrating psychology, Catholic faith*

**Dr. Kathryn Benes**  
**Director of Counseling Services**

This year marks the 15<sup>th</sup> anniversary of the Immaculate Heart of Mary Counseling Center's (IHMCC) doctoral-level internship program. While most people within the diocese may not be aware of the internship program, it is nonetheless a significant accomplishment for IHMCC, Catholic Social Services (CSS), and the Diocese of Lincoln. The IHMCC internship program, through the Nebraska Internship Consortium in Professional Psychology (NICPP), is the only diocesan-wide internship training program in the United States that is specifically dedicated to the integration of psychology and the Catholic Faith.

The Immaculate Heart of Mary Counseling Center was born out of a vision that Father Joseph Walsh, Executive Director of Catholic Social Services (1991-2005), had in 1994. He envisioned a diocesan-wide Catholic mental health program that was Christ-centered, stretched across southern Nebraska, and was financially solvent. At the time, there were no Catholic mental health program models in the country that met that criteria. So, Father Walsh hired me, the only Catholic psychologist he knew, to help him bring his vision to fruition.

Believing that, ultimately, all healing comes from God, and viewing love as the central Christian value, the IHMCC staff worked within the Clinic, as well as in

conjunction with priests, religious, and Catholic School personnel throughout the Diocese of Lincoln, to bring the healing mercy of Jesus Christ to suffering individuals and families. What was discovered early on, however, was that counseling professionals were typically not well-trained in providing mental health services based on a Catholic Christian anthropology. Moreover, because it was decided from the beginning that no government funding would be utilized in this program, financial resources would have to come exclusively from client fees and the generosity of CSS donors. This made hiring enough therapists to provide outreach to parishes and schools across the 24,000 square miles of the diocese very difficult.

Then, in December 1998, the Holy Spirit inspired us with a solution. What if the Immaculate Heart of Mary Counseling Center became a training site for young Catholic doctoral interns? What if this training site could be nationally accredited by the American Psychological Association – a necessary accreditation for licensure in most states? The recommended salary for doctoral interns is minimal, so by providing the much needed training for these young people, individuals and families across the Diocese of Lincoln could be the beneficiaries of high quality mental health services. Humbly stated, it was a magnificent idea!

*(Continued on back page)*

### Immaculate Heart of Mary Counseling Center



## Not all thrift stores are created equal *Our CSS Gift & Thrift stores offer quality merchandise while helping to serve those in need across the diocese*

Have you started your summer garage sale shopping yet? This year avoid the hot summer days of driving from house to house and come to one of Catholic Social Services four Gift & Thrift stores. Our Gift & Thrift stores carry every kind of item imaginable- quality furniture, brand name and designer clothes, beautiful dishes and housewares and anything you may need to decorate your home. The St. Louise, St. Joseph, St. Francis and St. Isidore Gift & Thrift stores in Lincoln, Hastings, Auburn and Imperial are so much more than places to discover hidden treasures or donations. These stores perform a vital function at Catholic Social Services by allowing individuals from all walks of life to purchase items at a greatly reduced price in a boutique style environment that promotes the dignity of all of our customers. More importantly the profits from the



store help Catholic Social Services pay the rent for a family of five who just couldn't quite make it this month. Or, pay for a hotel room for a woman to escape a dangerous situation with her abuser. We like to look at it as "Giving Squared." You donate an item to our thrift stores, and we sell it and give the money to the poor. Your gift is "squared" and gives twice: to the person who needed a reduced-cost item, and to a family or individual in need of assistance.

This summer while you clean out that old store room, remember the thrift stores at Catholic Social Services. We need that quality furniture and brand name clothing so that the stores continue to have a variety of high quality items. More

importantly, we need you to come shop at one of our stores so we can serve the working poor and homeless in our communities.

### THE CSS GIFT & THRIFT STORES



**St. Louise  
Gift & Thrift**  
2201 O Street  
Lincoln  
(402) 474-1600

**St. Joseph  
Gift & Thrift**  
325 West 2nd  
Hastings  
(402) 463-2151



**St. Francis  
Gift & Thrift**  
1014 Central Ave.  
Auburn  
(402) 274-4818

**St. Isidore  
Gift & Thrift**  
746 Broadway  
Imperial  
(308) 882-3065



# CSS Memorial Golf Classic & Auction to honor Mike Costello

**O**n Friday, August 10th, Hillcrest Country Club in Lincoln will host the 22nd annual Catholic Social Services Memorial Golf Classic & Auction. A major fundraiser for the programs of Catholic Social Services, this event has become one of the largest charity golf events in the area. This year's tournament will be held in memory of Mike Costello. Last year, over 270 golfers from across the diocese participated in the tournament and more than 300 individuals attended the cookout and auction, raising approximately \$102,000.



Mike Costello

“Burgers, ‘Brats & Biddin’!” is the cookout and auction that is held in conjunction with the CSS Memorial Golf Classic. The event begins at 6:00 PM the day of the golf tournament and is open to all golfers and a guest; the general public is invited to attend the auction and bid on items.

There are numerous ways to help support this important fundraiser for Catholic Social Services:

♦**Corporate Teams:** The \$600 entry fee allows for a foursome, carts, and lunch. The fee also allows each

golfer and a guest to attend the cookout and auction.

♦**Parish Teams:** The \$450 entry fee allows a foursome-but must include at least one priest as there is no charge for priests to play. The fee also allows each golfer and a guest to attend the cookout and auction.

Our afternoon flight is sold out. As this goes to press, there are still openings in the morning flight that begins at 7:00 AM. All players and a guest are invited to the cookout and silent auction for no additional charge.

♦**Hole Sponsor:** The \$200 donation allows your name, company name or parish organization to appear at a tee-box during the tournament.

♦**Priest Sponsor:** The \$75 donation underwrites the cost for a priest to play in the tournament.

♦**Memorial Gift:** A memorial gift may be made to Catholic Social Services in honor of a loved one.

♦**Auction Gift:** You may donate an item or service to be offered on the silent or live auction. A day at your cabin, antiques or cash are just some ways that you can donate.

**Not a golfer? You can still participate in the silent auction!** Again this year, all bidding will take place via your smart phone! Visit [www.cssisus.org](http://www.cssisus.org) to see how you can participate in the fun and bidding!

All sponsors will be recognized in the tournament program and in an ad in the *Southern Nebraska Register*. Registration deadline is August 1st. For more information call John McDermott at (402) 430-5626 or (800) 981-8242. The registration form is also available on our website at [www.cssisus.org](http://www.cssisus.org).

## 22nd Annual CSS Memorial Golf Classic & Auction- Friday, August 10, 2018

**Corporate Team \$600**

Team name \_\_\_\_\_  
 Your name \_\_\_\_\_  
 Phone \_\_\_\_\_  
 Morning flight 7:00 AM or  
**Afternoon flight SOLD OUT**

**Parish Team \$450**

Team name \_\_\_\_\_  
 Your name \_\_\_\_\_  
 Phone \_\_\_\_\_  
 Morning flight 7:00 AM  
**Afternoon flight SOLD OUT**

**Hole Sponsor- \$200**

Business/Organization  
 Name \_\_\_\_\_  
 Contact \_\_\_\_\_  
 Phone \_\_\_\_\_

**Priest Sponsor- \$75**

Your name \_\_\_\_\_  
 Phone \_\_\_\_\_

**Memorial Gift** I am unable to participate in the tournament. Please accept my Gift in memory of \_\_\_\_\_  
 \_\_\_\$25 \_\_\_\$50 \_\_\_\$75 \_\_\_\$100 \_\_\_Other:\$\_\_\_\_\_

**Auction Item**

I'm interested in donating an item for the Silent Auction.

Contact name \_\_\_\_\_ Phone \_\_\_\_\_ Item \_\_\_\_\_

**Registration deadline is August 1st. Return registration form in enclosed remit envelope.**





## We'll help you beat the heat this summer at Gianna's Java & Gelato!

Jake Mousel, Manager

Summer has definitely settled in, and while we're not getting to 90° every day, it's a shame that 85° feels like a reprieve. You probably know the saying, "If you can't stand the heat, get out of the kitchen" but I'm just going to lengthen it by adding "and get in to Gianna's!"

If you're literally getting out of the kitchen, we've got you covered for breakfast and lunch—check out our menu or order in advance at [gsjavagelato.com](http://gsjavagelato.com). We took a break from making soups this summer, and while they might not be "du jour" we've got a rotating selection of unique pasta salads to take their place. Follow us on instagram ([instagram.com/giannasjava](http://instagram.com/giannasjava)) to see some of our recent concoctions.

If you're only figuratively getting out the kitchen to avoid the heat, nothing hits the spot like a cold, refreshing gelato or sorbeto. Flavors rotate often, so

there's always something new to try. If you need a caffeine kick while cooling off, you also have the option to get almost any of our espresso and coffee drinks over ice. You may have heard that back in May we started offering them blended as well, and they have been a big hit. So starting in July, we'll have two new blended drinks for you to try: Matcha Green Tea and Spiced Chai—both drinks are a sweet and refreshing alternative for those of you who might not like the taste of coffee or espresso (yet). Beyond these additions, we're exploring our options to add fruit smoothies as well, so keep an eye out for those in the near future.

I hope it's just as sweet and refreshing to know that getting your drinks, dessert, and more at Gianna's means giving back to your community as well. It might be old news, but all our net proceeds go to support Catholic Social Services and all the good work they do across southern Nebraska. Good coffee. Good food. Great cause!



Cool off this summer with \$1 OFF any blended drink!

Gianna's  
JAVA & GELATO

2241 O Street Suite T Lincoln [www.gsjavagelato.com](http://www.gsjavagelato.com) (402) 327-6202

With coupon only. This offer, much like summer, expires 9/1/18.





**WIN**  
**\$1,000**  
**OR**  
**NEBRASKA**  
**FOOTBALL**  
**2018 SEASON TICKETS!**

In conjunction with the CSS Memorial Golf Classic & Auction, we're selling raffle tickets to win \$1,000 or two 2018 Nebraska football season tickets! **Raffle tickets are 1 for \$10.00 or 3 for \$20.00.** The first name drawn will win \$1,000 while the second name drawn wins the season tickets. Just fill out the form below, cut it out and send it to us with your check. Due to postal regulations, raffle ticket stubs cannot be returned by mail for purchases over the Internet, through the mail or by phone. However, you will be sent a receipt for your order. Mail in orders must be received by **Thursday, August 9th.**

Tickets can also be purchased at our CSS office at 2241 O Street in Lincoln. The winner will be drawn at the CSS Memorial Golf Classic & Auction at Hillcrest Country Club on **Friday, August 10, 2018.** You need not be a golfer or a participant in our Golf Classic & Auction to win! In fact, you need not be present to win, but it would be a lot more fun if you were! Visit our website at [www.cssisus.org](http://www.cssisus.org) for a complete set of raffle rules. Good luck!

**Win \$1000 or Nebraska football season tickets raffle ticket order form**

Name \_\_\_\_\_ Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Phone \_\_\_\_\_

# Of Tickets \_\_\_\_\_ Amount enclosed \_\_\_\_\_ (1 ticket for \$10 or 3 tickets for \$20)

Please make checks payable to Catholic Social Services. Mail orders must be **received by Thursday, August 9, 2018** in order to be included in the drawing. Due to postal regulations, raffle ticket stubs cannot be returned by mail for purchases over the Internet, through the mail or by phone. However, a receipt of your purchase with receipt number will be sent to you via US Mail. When an order is placed, we will complete the ticket by filling in the name, address, and phone number, and we will drop the ticket in the barrel at our office. At the drawing, the winner will be notified based on the name and information on the ticket. See our website at [www.cssisus.org](http://www.cssisus.org) for complete set of rules.

