



CATHOLIC SOCIAL SERVICES OF SOUTHERN NEBRASKA

Hope in the Good Life

February 2022

Blessed Alvarez of Cortona/Sean Carmichael

Receiving back even more

Born to a noble family in Zamora, Spain in the year 1350, Blessed Alvarez of Cordova is claimed by both Spain and Portugal- with good reason.

At the young age of 18, Alvarez received the habit of the Dominicans in the convent of Saint Paul in Cordova. He quickly became known as a well-travelled preacher, spiritual advisor to Queen Catherine of Spain, and advocate for the poor. Blessed

Alvarez is best known as a builder of churches and convents. Never one to do things half-hearted, Alvarez would beg for alms in the streets of Cordova for the building of churches, despite the fact he could have obtained all the money he needed from the queen.

There are many wonderful stories attached to Blessed Alvarez, but one in particular highlights his love to feed the hungry. One evening, there was no food for his Dominican community except for one head of lettuce left from the night before.



Blessed Alvarez called the community together in the refectory, said the customary prayers, and sent the porter to the gate. There the astonished brother found a stranger, leading a mule loaded down with bread, fish, wine, and all things needed for a good meal. The porter turned to thank the benefactor and found that he had disappeared.

Sean Carmichael doesn't have a mule. But he does drive a Volkswagen Touareg and three days a

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**Last year,
4,333
breakfasts
and
10,416
sack
lunches
were given
out at our
CSS Lincoln
location**

#HopeintheGoodLife



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Receiving back even more (continued)

week he brings a load of breakfast burritos to our CSS-Lincoln location. The burritos are kept warm in a cooler and placed on a table just outside of our front door, available to anyone in need of a warm breakfast- no questions asked.

Sean owns Chez Hay Catering. When the pandemic hit two years ago, Sean's restaurant, Chez SoDo, was hit hard. Needing to find a way to keep busy, Sean partnered with us to feed the hungry by offering breakfast burritos every morning, Monday through Friday.

Each week, approximately 100 burritos are given away to our neighbors who might not otherwise have anything to eat that morning. They receive warm nourishment, but Sean says he receives back even more. The opportunity to help folks going through difficult times helped Sean through his own difficult time, and for that he is grateful to be able to serve.

There are a number of ways to assist our Lincoln Food Market & Meal Services. To learn more or to make a donation online, visit csshope.org/foodmarketneeds. Thank you for your helping us bring Hope in the Good Life!

TRUMPET FEST

SUNDAY MARCH 13th
2:00 - 4:00 PM
Saint Joseph Catholic Church
7900 Trendwood Dr., Lincoln, NE

A free will offering with
proceeds going to
Catholic Social Services
of Southern Nebraska

In Memory of Mac McCune and Dennis Schneider

FREE
Trumpet Master Class
Dr. Darryl White
Trumpet Professor, UNL
1:00 - 2:00

For more information, contact Kevin Murray at (402) 540-3130